

CONSCIOUS LUCK

Eight Secrets to Intentionally Change Your Fortune

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MAIN IDEA

Can you change your luck?



It might seem like a radical notion, but the reality is successful people are often uncommonly lucky. They invite more success into their lives by making a conscious decision to be luckier.

You can do the same by applying the eight secrets of changing your luck:

1	Commit to being a VLP
2	Release your personal barriers
3	Become a magnet for abundance
4	Have luck-worthy goals
5	Take consistent bold action
6	Find your lucky tribe
7	Learn the right place & time
8	Practice radical gratitude

"I'm one of the luckiest people I've ever known. It wasn't always that way, though. There was a time when my luck was not very good at all. Then I made a conscious choice to be lucky—the same choice I'll invite you to make shortly. From the moment I made that choice, my own life took a turn for the better and, for the most part, hasn't stopped turning for the better ever since. That's what I want you to experience."

– Gay Hendricks



Secret #1 – Commit to being a VLP – Very Lucky Person Page 2

You can change your luck for the better just by making a conscious decision to being luckier in the future. It's up to you to take the first step and change your luck.

Secret #2 – Release your personal barriers Pages 2 - 3

To become luckier, you've got to break the barriers of the past. Have the mindset, "That was then, this is now". Dissolve your personal barriers and give yourself permission to be lucky.

Secret #3 – Become a magnet for abundance Pages 3 - 4

As counterintuitive as it may sound, the best way to pull more good luck into your life is to transform any shame you have felt in the past into an attractor of good luck. Put the power of your own shame machinery to work for you as a luck magnet.

Secret #4 – Have luck-worthy goals Pages 4 - 5

Luck has a way of chasing worthy goals. If you want to attract more luck into your life or career, go after some big and audacious goals.

Secret #5 – Take consistent bold action Pages 5 - 6

One of the best ways to get luckier is to be taking daily action on your goals. The more you do, the more opportunities you create for luck to visit you. Get busy and stay busy to spark a lucky streak.

Secret #6 – Find your lucky tribe Pages 6 - 7

To change your luck, stop hanging around with unlucky people. Spend more time working alongside lucky people. This will significantly boost your ability to be lucky in the future.

Secret #7 – Learn the right place & time Page 7

A big part of luck is to be at the right place at the right time, but that's not random. You have control over this. Do all you can to tune in to your own internal GPS, to listen to your intuition, and to stay true to your values, your passions, and your priorities.

Secret #8 – Practice radical gratitude Page 8

The more grateful you are, the greater your luck will become. If you want to improve your luck, find something to appreciate and be grateful for in every situation.