

# How Will You Measure Your Life?

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The Web site for this book is at [www.measureyourlife.com](http://www.measureyourlife.com).

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**MAIN IDEA**

To truly figure out whether or not your life has been a success, there are three questions you have to answer.

Despite all the people who are ready and willing to sell you quick fixes and ready-made answers, the reality is you'll spend your entire career figuring out your own answers to these important and hard questions.

What matters most are not the conclusions you draw – which will likely change from time to time anyway – but the tools you use to reach those conclusions. Make sure you're using the most robust tools that are available so you end up leading the type of life to which you truly aspire. That's the real key to making the journey worthwhile.



- 1 You're successful in your career?
- 2 You find happiness in the personal relationships you build?
- 3 You live with integrity – and manage to stay out of jail?

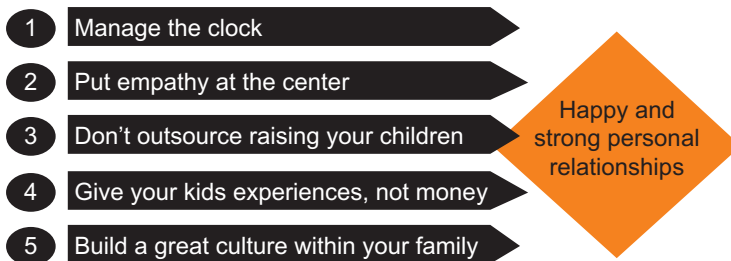
**1. Finding happiness in your career** . . . . . Pages 2 - 4

One of the greatest feelings in the world is to wake up every day thinking how lucky you are to be doing what you're doing for a living. That doesn't happen by accident – to achieve it and then sustain it, you need a three-part strategy:



**2. Finding happiness in your relationships** . . . . . Pages 5 - 7

As alluring as your work may be, there is more to life than just your career. You also want to become a great person and probably to raise great kids and have great friends as well. To stay aligned with what really matters, utilize a five-part strategy for building and maintaining strong and vibrant personal relationships:



**3. Living with integrity** . . . . . Page 8

Despite the fact more high-profile businesspeople than ever are in prison, the fact is living a life of integrity isn't hard – it's actually very simple. All you need here is one theory:



