

NO MORE MONDAYS

Fire Yourself – and Other Revolutionary Ways to Discover Your True Calling at Work

DAN MILLER

DAN MILLER is an author and life coach. He is president of his own consulting firm, 48 Days LLC. He is the author of 48 Days to the Work You Love, 48 Days to Creative Income and The Rudder of the Day. Mr. Miller has appeared on The Early Show (CBS) and Hardball With Chris Matthews (MSNBC) and is a frequent guest on numerous other TV and radio programs.

The Web site for this book is at www.NoMoreMondaysBlog.com and www.48days.com.

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MAIN IDEA

Find work that you love. Then, instead of complaining whenever Monday arrives, you can look forward with enthusiasm to getting back to work each week. The workplace has changed and today there are more opportunities than ever before to find work that aligns with your own passions and interests. If you can't find a position that is like that, it's also easier than ever to go into business for yourself doing what you love. The opportunities are there, and it just takes the courage to leave your nine-to-five treadmill and put yourself in a position where you excel because you're doing what you're passionate about.

"If you're one of those people who dread going to work on Mondays, do something about it."

Dan Miller

1. Embrace change, and don't worry if people call you "stupid"
Most people assume work needs to be drudgery they endure week-in and week-out. It isn't so. You should find something that makes best use of your talents rather than merely putting in time doing something you hate. Don't let what others will think hold you back.
2. Create a job which express who you are and what you believe
Ideally, your daily work should say something meaningful about you. It should reflect whatever is the very essence of your being. It should make maximum use of your talents and passions. Don't exchange punching a time clock for doing something which genuinely expresses who you are and what you stand for.
3. If you want different results in your life, then do something different
Whenever you break away from a predictable pattern, you'll often discover new options and opportunities. Instead of working in a job you hate, be prepared to do something completely different. Accept responsibility for your life and get into action rather than looking for someone to blame.
4. Recognize that no one "owes" you anything – you make it happen
Lots of people wait around for someone else to help make them successful. That won't happen. You have to recognize there's nobody waiting in the wings to grant your wishes. Instead, you have to get to work and make good things happen in your life and in your career.
5. Fire yourself – It's the best way there is to increase your income
The only way you're ever going to earn what you're truly worth is to fire yourself and go into business for yourself. Why wait for someone else to do that? Take the plunge and look for new opportunities to rise to the top. This is the best way there is to separate yourself from average performers.
6. Think about your opportunities more than you worry about being "secure"
For some people, any change is threatening and intimidating. Instead of feeling that way, view change as an opportunity for liberation of creative energy and positive transformation. Focus on what you're trying to head towards rather than feel sorry for what you have to give up to get there.
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