

THE SECRET CODE OF SUCCESS

7 Hidden Steps to More Wealth and Happiness

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The Web site for this book is at www.SecretCodeBook.com.

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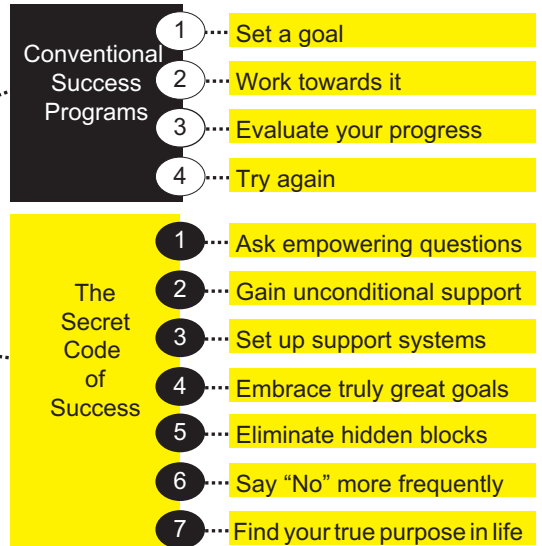
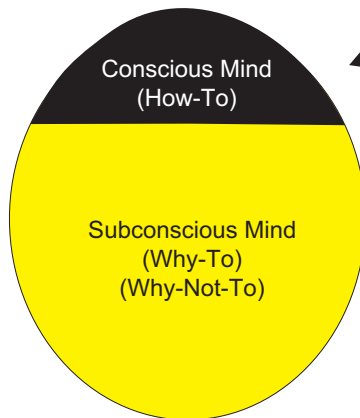
MAIN IDEA

Despite the fact Americans spend in excess of \$11 billion a year on self-help products, there are flaws in the conventional approach to achieving success: (1) Set a goal; (2) Work towards that goal; (3) Evaluate your progress periodically; (4) Keep trying over and over until you get there. The problem is this approach only deals with the “how-to” aspects of success in your conscious mind. It ignores the subconscious or emotional roadblocks, “why-to” and “why-not-to” aspects, which might be preventing you from achieving success.

To achieve long-term happiness, success and wealth, focus on getting your subconscious mind aligned with where you want to go and why you need to get there. Conquer your subconscious mind first and you eliminate all the potential self-sabotage roadblocks. The Secret Code of Success is to condition your subconscious mind to succeed first and corresponding results will then materialize.

The conscious mind makes up less than 10 percent of your total brain function. This part of your mind focuses on how to be a success more than anything else.

The subconscious mind actually accounts for more than 90 percent of your total brain function. This is a vast collection of habits, behaviors, automatic actions and self beliefs. All the reasons why you deserve to succeed or fail get embedded here. The subconscious dwells on the why’s and why-not’s of everything which occurs in your life.



The Secret Code of Success

Step 1 – Ask empowering questions Page 2
Change your subconscious thought patterns from negative to positive by asking the questions which will arise when what you want is already true. As your mind searches for the answers, you’ll find you will take different actions which are based on your new set of assumptions about your life and career.

Step 2 – Gain unconditional support Page 3
To become the person you were meant to be, you’ll need the unconditional support of other people. Develop relationships with people who can give you that in your personal life and in your professional life. When others believe in you, this will then cause you to believe in yourself more intensely.

Step 3 – Set up support systems Page 4
In order for your life and your career to flourish, you will need five operational systems to be in place: (1) People ; (2) Activities; (3) Environment; (4) Introspection and (5) Simplification. Achieving maximum results with minimum effort is really a matter of getting these five systems working properly.

Step 4 – Embrace truly great goals Page 5
Goals do have a place in your life and career. Just make certain what you’re going after is your goal and not someone else’s. And to re-energize yourself, have a daily time zone where you give yourself permission to take a break from your goal-related activities. By recharging your batteries regularly, you’ll do more.

Step 5 – Eliminate hidden blocks Page 6
If you’re not aware, you can hold yourself back in order to protect or punish someone else. Free yourself from these hidden blocks and you will zoom ahead. Give yourself permission to excel and your mind will go to work on ways to make that happen which will astound and impress.

Step 6 – Say “No” more frequently Page 7
Guard passionately your ability to say “No” to others. You don’t want to make your goals subject to someone else’s agenda. By learning how to say “No” to irrelevant projects and assignments, you signal your dreams are just as important as anyone else’s – which is very true.

Step 7 – Find your true purpose in life Page 8
Most people never try and figure out why they’re here on Earth – and therefore get bored, frustrated and angry without even realizing it. Don’t let that happen to you. Figure out your true purpose or mission and then give yourself permission to dedicate your life to that mission. This will generate intense satisfaction.

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